

# The Able Times

*From the Desk of Michael Shapiro, President*

## The Future of Home Care

As baby boomers age (born between 1946 and 1966), 80 million aging seniors will need help. Most seniors do not want to go to a nursing home. They want to remain at home for their final years. Many of them will require assistance to remain at home. In order to remain in their homes they will need assistance with many daily activities.



Home Care, itself, is changing. New technology is transforming the way our patients are cared for. Mobile devices can record services and relay health information to clinical staff who can monitor patients and modify their services as needed. This new technology may also help to reduce hospital admissions.

Julie Smith writes: "I anticipate technology innovations will continue to play a major role in shaping the senior care industry, and the way home care companies provide high quality care and services to clients. New software will be used that tracks wellness indicators to provide measurable outcomes that help families and referral sources evaluate and select service providers." —Julie Smith, CEO, Homewatch CareGivers. An ongoing partnership between a local home care agency and a well-known hospital is proving just how valuable non-medical services and supports truly are. They have been successful at reducing readmission from 30% to 17%.

As health care becomes more expensive and more widely needed, efficiencies will be required to keep home care affordable. In order to do that caregivers will need to learn new additional skills. New York State is currently introducing an AHHA, Advanced Home Health Aide which will be able to provide additional services but will require additional training and inservicing from 12 to 18 hours annually.

Caregivers will also be required to have cell phones with apps that can provide basic information such as time arrived and time left, as well as tasks performed. In addition, cell phones make it possible for the Agency to communicate important information to Caregivers such as their outstanding compliance items, patient information, or what cases are available.

Collaboration with healthcare facilities and VBP, Value Based Purchasing will transform home care and require meeting expectations to assure patient care and reduce hospitalizations. Monitoring patients and relaying findings may prevent exasperation of symptoms, such as sepsis, from becoming fatal. There are currently 6 areas being used and more are expected.

All the above will require additional skills and training of our home care staff. Able is committed to providing this additional education to our Caregivers who are able to understand and perform the new tasks. To do so, Caregivers will need a minimal level of English comprehension and the willingness to learn new applications.



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### Inside this Issue

Able's Hall of Fame .....	2
Keeping our Caregivers Actively Working is a Top Priority .....	3
How to Avoid Robocalls .....	3
Able's 401k Program .....	4
Call In Call Out Reminders .....	4
Benefits .....	4
Preventing Falls.....	5
In Loving Memory of Maureen Benjamin.....	6
2nd Quarter Inservice Schedule .....	6-7
Eat a Rainbow for Health.....	8

THE PAST IS  
YOUR LESSON.  
THE PRESENT IS  
YOUR GIFT.  
THE FUTURE IS  
YOUR MOTIVATION.

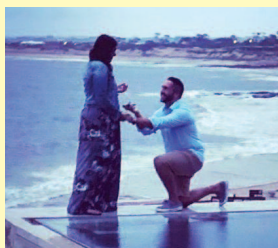
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*From the Desk of Sandra Weintraub, Executive Director*

## Caregiver Do's and Don'ts Reminders

1. If you call 911 and your patient is taken to the hospital, you must leave and end your shift.
  2. If your patient is taken to the ER by a family member, do not accompany or stay with your patient in the ER. \*
  3. Don't go in your patient/family's car. \*
  4. Don't accompany your patient to therapy. \*
  5. Do accompany your patient to the MD if there is a specific reason/need for you to be there to care for him/her. Speak with your supervisor first to get the ok.
  6. Do not accompany your patient to the doctor without a family member if he/she is under the age of 18 or is an adult patient who cannot self-direct.
  7. Don't provide care before clocking in or after clocking out. Do provide care during the hours ordered by the doctor (the shift you are assigned to). BE AWARE: DO NOT WORK FOR/WITH YOUR PATIENT ON YOUR OWN TIME. IF ANYTHING HAPPENS, IT IS YOUR OWN LEGAL RISK!!!
  8. If you become aware that something happened to your patient at any time of day or night, contact the office immediately to report and seek help your patient may need.
  9. Do call the office and request authorization from the nurse in the office if your patient has an emergency and needs you to stay longer than your shift.
  10. Do call your Coordinator and ask for the nurse in the office to immediately report any change in your patient's physical or functional status, medication changes or other changes which may require a nurse to follow up (even if your patient/family requests you do not call).
  11. Do remind your patient/family to call the office (On-Call if needed) and report any incident/accident/occurrence, change in your patient's condition or hospitalization immediately - do not wait until working hours.
  12. Do ask the family to ensure your patient has identification on them – bracelet, written card, etc. when you accompany him/her outdoors, in case your patient gets lost.
  13. Do consistently follow/provide tasks as per your Plan of Care from the nurse. Follow the Policies and Procedures you were taught.
- \* There may be an exception depending on the insurance company. Your Service Coordinator/Branch Manager/Nurse in the office will direct you. REMEMBER: ABLE DIRECTS YOUR CARE PLAN, NOT YOUR PATIENT/FAMILY!

# Able's Hall of Fame



Congratulations to Jessica Silver and her Fiancé Danny Gajstut who got engaged on February 14, 2019 in Playa Vik-Jose Ignacio, Uruguay. May their engagement be just the beginning of a long and happy life together.

## Montefiore Workforce Investment Organization



Graduates of the Queens Montefiore WIO HHA Training Course proudly displayed their certificates.



Queens Branch Director Karline Dambreville would like to introduce some new members of her team.

Pictured left to right:

Pamela Valenzuela LHCSA Coordinator;  
Karline Dambreville, Branch Director,  
Marián Dimatteo, Director of Nursing; and  
Abhimanue Anand, CHHA Coordinator.

**Welcome to the Able Family!**

I just wanted to thank you for all you do in assisting in my mother-in-law Evelyn's care. I also want to express my family's appreciation for Sharon Breslin, RN. I am sure she provides incredible care for all her patients but I can only speak for my own observations. My mother-in-law is currently going through a terribly uncomfortable and painful period. Sharon's kindness, patience and professional care has made the process of her return home so much easier. Her caring visits make a difference. While I'm on a roll here, Aides Delphina Chippie (overnight care) and Stella Charnan both received praise from Evelyn. Sunday was a tough day for Evelyn and my sister-in-law spent most of the day with her. For my sister-in-law to give positive feedback (more than positive) indicates that Stella must be exceptional.

Thank you again, W. L.

Mr. W. in Port Washington liked the aide you provided to him very much. He reported, "Everything went very well. The aide Nicole Lewis was terrific. She was very nice, efficient, strong, sincere, and was eager to work."

The good things need to be reported too!!

Thank you, M. H., MSW, Case Manager

I have been in the care of Tej (Physical Therapy) and Sarah (Nurse) for the past month after total knee surgery.

Their professional competence has been exemplary. In addition, their concern for my welfare has made it much easier to deal with the surgery aftermath. I will be pleased to recommend your company to others who may need similar assistance.

Sincerely, S.C.

Ms. Stephanie Cox is a HHA for L. G. since August 2018. I would like to take this opportunity to congratulate your company on your employee selection. Ms. Cox is a treasure to watch, observe and learn the execution of nursing & caregiving practitioners.

Ms. Cox skill set and training is daily performed in a professional, responsive, nurturing manner in the client's home. Her nursing demeanor is exemplary. I would recommend her to be a trainer in the HHA field. Please see that this written recommendation is filed in her work folder and/or accommodations acknowledged by her colleagues.

Thank you, L. G. (daughter of patient)



# Keeping Our Caregivers Actively Working is a Top Priority



The fact that most of our caregivers have been employed with Able for over ten years is a tribute to our best efforts to provide stable employment, the highest pay the industry allows for, and excellent benefits. We continually strive to do better and always put our patients and caregivers welfare above everything else.



The state of Health Care in this Country is continually changing, not just for the agency, but for our patients as well. That being said, it is important to recognize that nothing lasts forever. Cases end, people go on vacation, schedules change according to both patient needs and caregiver's outside commitments. What we all need to understand is that in the Health Care Industry, we **MUST BE FLEXIBLE**. When a case ends, we at Able do our best to find a new case as quickly as possible. Sometimes that new case is fewer hours or temporary. It may be for only two days a week or a fill in replacement or far from your home.

We would love to have only cases that are 8 hours 5 days a week but that is not realistic. Hours and days are prescribed by the patient's needs. We ask you to take as many cases as you can until your request for a permanent case can be fulfilled. Your Coordinator should be aware at all times of your preferences and it is important for you to stay in constant communication with your Coordinator. Call every day that you are available. Being pro-active and calling your Coordinator often will ensure you are on their list to find you the best case to fit your requirements. We know a happy Caregiver is a working Caregiver.

Able appreciates Caregivers who accept assignments that are not the most convenient; fewer hours, weekends, replacement at the last moment, difficult to fill cases, etc. We make every effort to find cases for all our caregivers but they may not be the hours you would like or the location. These are the challenges of home care.

We all know the expression "It is better to give than to receive". This applies to Able's Caregivers. Every time a Caregiver comes through on hard to fill cases, weekend cases and short hour cases, your Coordinator is most grateful and knows who she can count on. Having a good attitude and always being helpful to ensure the patient's needs are met, will keep you working with our deepest appreciation.

El hecho de que la mayoría de nuestros cuidadores hayan trabajado con Able durante más de diez años es un tributo a nuestros mejores esfuerzos para brindarle un empleo estable, el salario más alto permitido por la industria y excelentes beneficios. Nos esforzamos continuamente por mejorar y siempre ponemos el bienestar de nuestros pacientes y cuidadores por encima de todo lo demás.

El estado de la atención médica en este país está cambiando continuamente, no solo para la agencia, sino también para nuestros pacientes. Dicho esto, es importante reconocer que nada puede durar para siempre. Los casos terminan, las personas se van de vacaciones, los horarios cambian según las necesidades del paciente y los compromisos externos de los cuidadores. Lo que todos debemos entender es que, en la industria de la atención médica, **DEBEMOS SER FLEXIBLES**. Cuando termina un caso, en Able hacemos todo lo posible para encontrar un nuevo caso lo más rápido posible. A veces ese nuevo caso es de menos horas o temporal. Tal vez solo por dos días a la semana o un reemplazo lejos de su hogar.

Nos encantaría tener solo casos de 8 horas 5 días a la semana, pero esto no es realista. Las horas y días son prescritos por las necesidades del paciente. Le pedimos que tome todos los casos que pueda hasta que su solicitud de un caso permanente esté disponible. Su coordinador debe estar consciente en todo momento de sus preferencias y es importante que usted permanezca en comunicación constante con su coordinador. Llame cada los días que usted esté disponible. Sea proactivo y llame a su coordinador a menudo, así asegurará que esté en su lista para encontrar el mejor caso para satisfacer sus necesidades. Sabemos que un cuidador feliz es un cuidador que trabaja.

Able aprecia a los cuidadores que aceptan tareas que no son las más convenientes; Menos horas, fines de semana, reemplazos de último momento, casos difíciles de llenar, etc. Hacemos todo lo posible para encontrar casos para todos nuestros cuidadores, pero es posible que no sean las horas que le gustaría o la ubicación. Estos son los retos de la atención domiciliaria.

Todos conocemos la expresión "Es mejor dar que recibir". Se aplica a los cuidadores de Able. Cada vez que un cuidador se presenta en casos difíciles de llenar, casos de fin de semana y casos de corta duración, su coordinador está muy agradecido y sabe con quién puede contar. Tener una buena actitud y siempre ser útil para asegurar que se satisfagan las necesidades de los pacientes, lo mantendrá trabajando y también nuestro aprecio.

## How to Avoid Robocalls

**States want the FCC to enact new anti-robocall rules, but Consumer Reports lists steps you can take now to protect yourself:**

**List Your Phone Number With the Do Not Call Registry**

By signing up for the Do Not Call Registry, (<https://www.donotcall.gov/>) you can request that your landline or cellular phone number be

removed from the call lists companies use.

**Sign Up for Your Carrier's Robocall Alert Service**

Many companies, including AT&T, Sprint, T-Mobile, U.S. Cellular, and Verizon, have introduced services that alert

you that an incoming robocall may be from a scammer or spammer.

**Download a Call-Blocking App**

A call-blocking app can intercept robocalls before they reach you. Among the providers are Nomorobo, which charges \$2 per month for its service (there is no cost for landlines), and free apps such as Hiya, Mr. Number, RoboKiller, and YouMail.

**Reject Anonymous Calls**

Another option available from some phone companies, phones, and call-blocking equipment is to automatically reject anonymous calls. If you turn this feature on, all anonymous calls are instantly rejected, preventing the caller from even leaving a message. If you receive a call you believe is spam or a scam, you can report it to the FTC at <https://www.ftccomplaintassistant.gov/#crnt&panel1-1>.



## ABLE'S 401(k) Program

We encourage our employees to participate in Able's 401K plan, administered through Empower Retirement. You must complete 1 year of service to enroll. The plan offers multiple investment options, loan provisions and much more.

To help promote financial wellness in the workplace, we have financial advisers available through Merrill Lynch. They are committed to helping our employees with objective, personalized advice & guidance with your 401K accounts and overall financial plan. Please reach out to them for any questions or concerns - they are here to help:

**Brett Berkman – (203) 3863-7641 / Joseph Ilg – (631) 351-5129**

Please remember, Able has consistently provided a discretionary contribution to those that choose to participate. While this discretionary contribution is based on company profit and is not guaranteed, we will continue to provide every available benefit and resource to our personnel. We urge you all to take advantage of this benefit and reach out to our contacts at Merrill Lynch for assistance.



## Urgent Call In Call Out Reminders

**To receive your pay accurately and on time it is important to:**

1. Call in and out for every case which will assure you are paid the correct amount of hours you work.
2. Make sure to use the correct phone #, this will identify your patient correctly.
3. Make sure to correctly enter your ID #, this will assure you receive credit for your visit.
4. Make sure to accurately enter the tasks you do for your patient that are prescribed on the Plan of Care.
5. Do not hang up until you hear the final prompt say Thank You and Goodbye. (this will only be heard on the call out after all tasks have been entered properly.)



**Please feel free to ask for help or to come to your branch if you need more guidance or help calling in and out and entering tasks.**

**Para recibir su paga correctamente y en el día de pago adecuado es importante que usted haga lo siguiente:**

1. Debe de llamar al empezar su turno laboral y debe de llamar al concluir su turno laboral por cada caso. Este proceso asegurará que se le pague la cantidad correcta por las horas trabajadas.
2. Asegúrese de usar el número de teléfono correcto, esto identificará a su paciente correctamente.
3. Asegúrese de ingresar correctamente su número de identificación, esto le asegurará recibir crédito por su visita.
4. Asegúrese de ingresar con precisión las tareas que usted hace para su paciente las cuales están delineadas en su Plan de Cuidado.
5. No cuelgue hasta que escuche el último mensaje decir Gracias y Adiós. (Esto solo se escuchará en la llamada después de haber entrado adecuadamente todas las tareas.)

**Por favor, siéntete libre de pedir ayuda o de visitar a su sucursal si necesita más orientación o ayuda para seguir el proceso de llamar y salir y para entrar las tareas adecuadamente.**

## Take Advantage of the Many Benefits Offered to You Through Employment with Able Health Care

**Health Insurance** - Your health is important to us! We offer health insurance for you and your family with HIP. Prescription Benefits, vision and some dental coverage. HIP has an extensive network of doctors available near to your home or work. We offer four levels of coverage!

**401K Retirement Plan** - It's never too late to start saving for retirement. Retirement & Savings program is always an advantage. Participation is strictly voluntary. You can contribute 1% - 15% to the plan each pay period. The Able Health Care Service 401K Plan is a great way to save for your retirement.

**Comprehensive Dental Care** - Affordable dental coverage for you and your family. The Guardian Dental plan offers two types of coverage. Dental cleanings and other services are at a discounted rate. Depending on your selection, Orthodontics may be included. Enroll today!

**Commuter Benefit** - A debit card that can be used to purchase transit passes for use on the New York City subways, buses, train, ferry or UberPool.

**Direct Deposit** - Receive your pay directly in your checking or savings account. Don't stand on long lines or pay check cashing fees. Receive your pay automatically. It's easy to enroll and see your pay statements on your mobile phone.

**Referral Bonus** - Refer a friend. You and your friend can each receive a bonus of \$150 each. Call your branch for details.

### Aproveche los muchos beneficios que se le ofrecen Able Health Care a través de un empleo

**Seguro Medico** ¡Su salud es importante para nosotros! Ofrecemos seguro de salud para usted y su familia con HIP. Beneficios de prescripción, visión y alguna cobertura dental. HIP tiene una amplia red de médicos disponibles cerca de su hogar o trabajo. ¡Ofrecemos cuatro niveles de cobertura!

**401k Plan de Jubilación** Nunca es tarde para comenzar a ahorrar para la jubilación. Elegible después de un año de empleo. El programa de jubilación y ahorro es siempre una ventaja. Participación es voluntaria. Puede aportar del 1% al 15% al plan en cada período de pago. El 401K plan de Able Health Care es una excelente manera de ahorrar para su jubilación.

**Plan Dental Integral** Cobertura dental asequible para usted y su familia. El plan de Guardian Dental ofrece dos tipos de cobertura. Las limpiezas dentales y otros servicios tienen una tarifa con descuento. Dependiendo de su selección, la ortodoncia puede ser incluida. ¡Inscríbete hoy!

**Beneficios de Viaje** Una tarjeta de débito que se puede usar para comprar pases de tránsito para el uso en los trenes, autobuses, trenes, ferry o UberPool de la Ciudad de Nueva York.

**Programa de bonificación por medio de referencia** Reciba su pago directamente en su cuenta corriente o de ahorro. No se pare en colas ni pague tarifas de cambio de cheques. Reciba su pago automáticamente. Es fácil inscribirse y ver sus estados de pago en su teléfono móvil. ¡Inscríbete hoy!

**Programa de bonificación por medio de referencia** Recomiende a un amigo o amiga para trabajar en Able Health Services. Usted y su amigo o amiga pueden cada uno recibir un bono de \$150. Para más información llame a su Sucursal de Able Health Care.



# Preventing Falls

Each year, one in every three adults ages 65 or older falls and 2 million are treated in emergency departments for fall-related injuries. And the risk of falling increases with each decade of life. The long-term consequences of fall injuries, such as hip fractures and traumatic brain injuries (TBI), can impact the health and independence of older adults. Thankfully, falls are not an inevitable part of aging. In fact, many falls can be prevented. Everyone can take actions to protect the older adults they care about.

## Reduce your risk of falling at home

A  
fall  
prevention  
checklist,  
room by room

### BEDROOM

- Keep a light—a lamp, light switch or nightlight—near your bed.
- Sit down to get dressed.
- Keep loose items off the floor.

### STAIRS AND HALLWAYS

- Add handrails on both sides of the stairs.
- Install anti-slip strips on each stair.
- Make sure pathways are well-lit and clear of tripping hazards.

### BATHROOM

- Use a shower chair and handheld shower head while bathing.
- Install grab bars near toilet and shower.
- Put a riser seat on the toilet.

### KITCHEN

- Move things so they're within easy reach.
- Use dining chairs that have armrests and no wheels.
- Don't clean with a high-gloss wax floor protector.

### LIVING ROOM

- Move cords and other objects out of walkways.
- Use a cushion or a seat riser if your favorite chair is too low to easily stand from.
- Remove rugs or securely tape down their edges.

### Prevention Tips

You can play a role in preventing falls. Encourage the older adults in your life to:

- Get some exercise. Lack of exercise can lead to weak legs and this increases the chances of falling.
- Be mindful of medications. Some medicines—or combinations of medicines—can have side effects such as dizziness or drowsiness. This can make falling more likely. Having a doctor or pharmacist review all medications can help reduce the chance of risky side effects and drug interactions.
- Keep their vision sharp. Poor vision can make it harder to get around safely. Older adults should have their eyes checked every year and wear glasses or contact lenses with the right prescription strength.
- Eliminate hazards at home. About half of all falls happen at home. A home safety check can help identify potential fall hazards that need to be removed or changed, such as tripping hazards, clutter, and poor lighting.

### Steps for Home Safety

The following checklist can help older adults reduce their risk of falling at home:

- Remove things you can trip over (such as papers, books, clothes, and shoes) from stairs and places where you walk.
- Install handrails and lights on all staircases.
- Remove small throw rugs or use double-sided tape to keep the rugs from slipping.
- Keep items you use often in cabinets you can reach easily without using a step stool.
- Put grab bars inside and next to the tub or shower and next to your toilet.
- Use non-slip mats in the bathtub and on shower floors.
- Improve the lighting in your home. As you get older, you need brighter lights to see well. Hang lightweight curtains or shades to reduce glare.
- Wear shoes both inside and outside the house. Avoid going barefoot or wearing slippers.

# In Loving Memory

We are so sad to announce that one of our dearly loved caregivers in the Hempstead office lost her life to a hit and run driver.

*Maureen Benjamin*, HHA was a very special person who not only gave her all, but was so kind and compassionate and loving. Anywhere she went, clients and their families had only praise and kind words, not only about her exemplary care, but also for her warm and loving demeanor. She was loved by her Able Family and will be deeply missed.

*May she rest in peace.*

## INSERVICE SCHEDULE 2nd QUARTER 2019

### LOCATION: BROOKLYN

### INSERVICE SCHEDULE TO BE DETERMINED

### LOCATION: WHITE PLAINS

Date	Time	Subject	Time	Subject
Tuesday, 4/2	9:00 - 12:00	Autism	1:00 - 4:00	TBI/Sexual Harassment
Tuesday, 4/9	9:00 - 12:00	Communication/Sexual Harassment	1:00 - 4:00	Cultural Diversity
Tuesday, 4/16	9:00 - 1:00	OSHA/Skills	1:00 - 5:00	OSHA/Skills
Tuesday, 4/30	9:00 - 12:00	Alzheimer's	1:00 - 4:00	Aging in America
Tuesday, 5/7	9:00 - 12:00	CHF	1:00 - 4:00	Skin Integrity
Tuesday, 5/21	9:00 - 1:00	OSHA/Skills	1:00 - 5:00	OSHA/Skills
Tuesday, 6/4	9:00 - 12:00	HIV/AIDS	1:00 - 4:00	Readmissions/Aging in America
Tuesday, 6/11	9:00 - 12:00	N/A	1:00 - 5:00	Caring for the Cardiac Patient
Tuesday, 6/18	9:00 - 12:00	OSHA/Skills	1:00 - 4:00	OSHA/Skills

### LOCATION: HEMPSTEAD

Date	Time	Subject	Time	Subject
Monday, 4/1	9:00 - 12:00	Vital Signs	1:00 - 4:00	Vaccines
Tuesday, 4/2	9:00 - 12:00	Diabetes and the Diabetic Diet	1:00 - 4:00	Aide's Role in Medication Assistance
Wednesday, 4/3	10:00 - 1:00	Women's Health	5:00 - 8:00	Body Mechanics
Thursday, 4/4	9:00 - 12:00	Aids	1:00 - 4:00	Mental Illness
Wednesday, 4/10	9:00 - 12:00	Care of the Cancer Patient	1:00 - 4:00	Care of the Cardiac Patient
Thursday, 4/11	10:00 - 2:00	OSHA/Skills	1:00 - 4:00	N/A
Monday, 4/15	10:00 - 2:00	OSHA/Skills	1:00 - 4:00	N/A
Tuesday, 4/16	9:00 - 12:00	Abuse in the Elderly	1:00 - 4:00	Alzheimer's Disease
Wednesday, 4/17	9:00 - 12:00	N/A	5:00 - 8:00	ADLs
Thursday, 4/18	9:00 - 12:00	Colostomy and Tracheostomy Care	1:00 - 4:00	The Human Body
Wednesday, 5/1	9:00 - 1:00	Cardiac Conditions	1:00 - 4:00	Dealing with Difficult Behaviors
Thursday, 5/2	10:00 - 2:00	OSHA/Skills	1:00 - 4:00	N/A
Monday, 5/6	10:00 - 1:00	Lifts and Transfers	1:00 - 4:00	Alzheimer's Disease
Tuesday, 5/7	9:00 - 12:00	The Human Body	1:00 - 4:00	Cultural Competency
Monday, 5/13	9:00 - 12:00	Women's Health	1:00 - 4:00	Mental Illness
Tuesday, 5/14	10:00 - 2:00	OSHA/Skills	1:00 - 4:00	N/A
Wednesday, 5/15	9:00 - 12:00	Tuberculosis	1:00 - 4:00	Vaccines
Thursday, 5/16	9:00 - 12:00	Activities of Daily Living	1:00 - 4:00	Body Mechanics
Monday, 5/20	10:00 - 1:00	Aging in America	1:00 - 4:00	N/A
Tuesday, 5/21	10:00 - 2:00	OSHA/Skills	1:00 - 4:00	N/A
Tuesday, 5/28	9:00 - 12:00	N/A	5:00 - 8:00	Special Needs
Wednesday, 5/29	9:00 - 12:00	Colostomy and Tracheostomy Care	1:00 - 4:00	Skin Care
Thursday, 5/30	10:00 - 2:00	OSHA/Skills	1:00 - 4:00	N/A

## INSERVICE SCHEDULE 2nd QUARTER 2019 (Continued)

LOCATION: ISLANDIA				
Wednesday, 4/24	2:00 - 5:00	VBP - Sexual Harassment	6:00 - 9:00	VBP - Sexual Harassment
Monday, 6/17	2:00 - 5:00	Respiratory Disorders/Sexual Harassment	6:00 - 9:00	Respiratory Disorders/Sexual Harassment
LOCATION: QUEENS				
<i>Date</i>	<i>Time</i>	<i>Subject</i>	<i>Time</i>	<i>Subject</i>
Tuesday, 4/2	9:00 - 1:00	OSHA/Skills	1:00 - 4:00	N/A
Thursday, 4/4	9:00 - 12:00	Special Needs	1:00 - 4:00	Hospice
Friday, 4/5	9:00 - 1:00	OSHA/Skills	1:00 - 4:00	N/A
Monday, 4/8	9:00 - 12:00	VBP - UTI, Electrolyte Imbalance, Sepsis	1:00 - 4:00	N/A
Tuesday, 4/9	9:00 - 1:00	OSHA/Skills	1:00 - 4:00	N/A
Wednesday, 4/10	9:00 - 1:00	VBP-CHF, Respiratory Infections, Anemia	1:00 - 5:00	OSHA/Skills
Friday, 4/12	9:00 - 12:00	OSHA/Skills	1:00 - 4:00	N/A
Tuesday, 4/16	9:00 - 1:00	OSHA/Skills	1:00 - 4:00	N/A
Wednesday, 4/17	9:00 - 12:00	Nutrition	1:00 - 5:00	N/A
Tuesday, 4/23	9:00 - 1:00	OSHA/Skills	1:00 - 4:00	N/A
Wednesday, 4/24	9:00 - 12:00	Lifting and Transferring Patients	1:00 - 5:00	OSHA/Skills
Thursday, 4/25	9:00 - 12:00	Care of Diabetic Patient	1:00 - 4:00	N/A
Monday, 4/29	9:00 - 12:00	Respiratory Disorders	1:00 - 4:00	N/A
Tuesday, 4/30	9:00 - 1:00	OSHA/Skills	1:00 - 4:00	N/A
Thursday, 5/2	9:00 - 12:00	Dealing with Difficult People	1:00 - 4:00	N/A
Monday, 5/6	9:00 - 12:00	Schizophrenia	1:00 - 4:00	Alzheimer's Disease
Tuesday, 5/7	9:00 - 1:00	OSHA/Skills	1:00 - 4:00	N/A
Wednesday, 5/8	9:00 - 12:00	Malnutrition and Dehydration	1:00 - 5:00	OSHA/Skills
Thursday, 5/9	9:00 - 12:00	Special Needs	1:00 - 4:00	Hospice
Friday, 5/10	9:00 - 1:00	OSHA/Skills	1:00 - 4:00	N/A
Monday, 5/13	9:00 - 12:00	Arthritis	1:00 - 4:00	Child Abuse
Tuesday, 5/14	9:00 - 1:00	OSHA/Skills	1:00 - 4:00	N/A
Wednesday, 5/15	9:00 - 12:00	Communication	1:00 - 5:00	OSHA/Skills
Thursday, 5/16	9:00 - 12:00	Dementia	1:00 - 4:00	Oxygen
Friday, 5/17	9:00 - 1:00	OSHA/Skills	1:00 - 4:00	N/A
Monday, 5/20	9:00 - 12:00	Keeping Your Patient Healthy	1:00 - 4:00	Kidney Disease
Tuesday, 5/21	9:00 - 1:00	OSHA/Skills	1:00 - 4:00	N/A
Wednesday, 5/22	9:00 - 5:00	Orientation		
Thursday, 5/23	9:00 - 5:00	Orientation		
Friday, 5/24	9:00 - 1:00	OSHA/Skills	1:00 - 4:00	N/A
Tuesday, 5/28	9:00 - 1:00	OSHA/Skills	1:00 - 4:00	N/A
Wednesday, 5/29	9:00 - 12:00	Vision Loss	1:00 - 5:00	OSHA/Skills
Thursday, 5/30	9:00 - 12:00	Cultural Diversity	1:00 - 4:00	Malnutrition and Dehydration
Friday, 5/31	9:00 - 1:00	OSHA/Skills	1:00 - 4:00	N/A
Monday, 6/3	9:00 - 12:00	Vision Loss	1:00 - 4:00	Communication
Tuesday, 6/4	9:00 - 1:00	OSHA/Skills	1:00 - 4:00	N/A
Wednesday, 6/5	9:00 - 5:00	Orientation		
Thursday, 6/6	9:00 - 5:00	Orientation		
Friday, 6/7	9:00 - 12:00	OSHA/Skills	1:00 - 4:00	N/A
Monday, 6/10	9:00 - 12:00	Difficult People	1:00 - 4:00	Diabetes
Tuesday, 6/11	9:00 - 1:00	OSHA/Skills	1:00 - 4:00	N/A
Wednesday, 6/12	9:00 - 12:00	CVA	1:00 - 5:00	OSHA/Skills
Thursday, 6/13	9:00 - 12:00	Arthritis	1:00 - 4:00	Cancer
Friday, 6/14	9:00 - 12:00	OSHA/Skills	1:00 - 4:00	N/A
Monday, 6/17	9:00 - 12:00	VBP - UTI, Electrolyte Imbalance, Sepsis	1:00 - 4:00	VBP-CHF, Respiratory Infections, Anemia
Tuesday, 6/18	9:00 - 1:00	OSHA/Skills	1:00 - 4:00	N/A
Thursday, 6/20	9:00 - 12:00	Special Needs	1:00 - 4:00	Hospice
Monday, 6/24	9:00 - 12:00	Kidney Disease	1:00 - 4:00	Keeping Patients Healthy
Tuesday, 6/25	9:00 - 12:00	OSHA/Skills	1:00 - 4:00	N/A
Wednesday, 6/26	9:00 - 12:00	Heart Failure	1:00 - 5:00	OSHA/Skills
Thursday, 6/27	9:00 - 12:00	Disaster and Stress	1:00 - 4:00	Dementia
Friday, 6/28	9:00 - 12:00	OSHA/Skills	1:00 - 4:00	N/A



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The Able Times is a publication of Able Health Care Service, Inc. It is produced for its employees, patients, families, and referral sources.

*Able has provided Home Health Care since 1976. Able has offices at the following sites:*

**Able Health Care Special Needs  
OPWDD Certified Division:**

Queens .....718-779-7000  
Brooklyn.....718-222-1200  
Nassau .....516-933-7000  
Suffolk .....631-952-0500

**Able Health Care  
Licensed Home Care Agency:**

Queens .....718-458-0800  
Nassau .....516-933-7000  
                                  516-292-0100  
Suffolk .....631-952-0500  
White Plains .....914-683-9400

**Recruitment Offices:**

Hempstead.....516-292-0100  
Brooklyn.....718-222-1200



**In-service Schedule on pages 6 and 7 for April, May and June 2019**

To remain in compliance as an HHA you are required to attend 12 hours or 4 in-services each year. The informative and educational in-services listed on the previous pages will be presented at your local branch office. Call to make a reservation; dates may change. OSHA in-service is required once a year.

**Editorial Policy**

*The Able Times is a publication of Able Health Care Service, Inc. The Editor invites contributions of articles, special reports, statistics, news items, short personal experiences, poetry, etc. We reserve the right to refuse and/or edit all submissions for publication. Please send articles to The Editor at 1240 Broadcast Plaza, Merrick, NY, 11566.*

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