

The Able Times

From the Desk of Michael Shapiro, President

Caregiver, A Meaningful Career

For over 40 years Able Health Care has helped tens of thousands of patients, and has trained and employed thousands of caregivers. These are only numbers. What is important is the care we provide. The success of Able Health Care depends on the quality of service we provide to our patients, the satisfaction of our employees working at Able, and our adherence to all the Federal and State requirements for operating a Home Health Agency. Therefore, the success of Able depends on the successful job performance of our caregivers. Able Health Care's mission is to provide the best cost effective care for our patients in their homes and provide the best pay and benefits to recruit and retain the most qualified caregivers. We are committed to providing quality services and promoting a culture of mutual respect and cooperation.

A Meaningful Career

How do you define "success"? Many people judge success by how much money they have, or by the material things they possess. But as we get older and hopefully attain more wisdom, we realize that success is not measured by what we have but by how we live.



Helping others is the key to long term success both professionally and in life. That's why being a Caregiver is a rewarding and meaningful career.

Caregivers gain a variety of skills from their training and experiences, and they develop important qualities such as patience, understanding, and loyalty that benefit them in both their personal and professional lives. Life is a journey and each of us determines how successful our journey will be, and how much good we bring into the world by helping others along their life's journey. As a Caregiver, you can be proud that you were there for others in

their time of need - sharing your time, helping with everyday tasks most people take for granted, which your patients can no longer do for themselves. You enjoy a sense of accomplishment as you help others and enrich their lives. See how some well-known authors have expressed the importance of caring for others:

- "I don't want to live in the kind of world where we don't look out for each other. Not just the people that are close to us, but anybody who needs a helping hand. I can't change the way anybody else thinks, or what they choose to do, but I can do my bit." — Charles De Lint
- "There is nothing more beautiful than someone who goes out of their way to make life beautiful for others." — Mandy Hale
- "It's not enough to have lived. We should be determined to live for something. May I suggest that it be creating joy for others, sharing what we have for the betterment of personkind, bringing hope to the lost and love to the lonely." — Leo Buscaglia

We appreciate our loyal and hard working caregivers - many whom have enjoyed a satisfying career with Able for over 20 years. Choosing a career helping others makes the world a better place.



July 2019

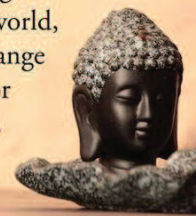
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Helping one person might not change the world, but it could change the world for one person.

e-buddhism.com



From the Desk of Sandra Weintraub, Executive Director

Importance of Hand Washing

Handwashing is the simplest method we have to prevent the spread of infectious agents from one person to another. You can help reduce the risk of diseases that can be transmitted by using proper hand washing procedures. For Caregivers, hands must be washed prior to direct contact with the patient/client. Hands and other skin surfaces must be washed immediately and thoroughly if contaminated with blood or other body fluids. Hands must be washed after gloves are removed, and always prior to entering the nursing bag.

Recommended Hand Washing Procedures

1. Stand away from sink so your clothing is not touching the sink.
2. Roll up sleeves and remove jewelry.
3. Turn water faucet on.
4. Wet your hands and wrists thoroughly.
5. Apply enough soap to cover all hand surfaces.
6. Rub hands palm to palm.
7. Right palm over left dorsum with interlaced fingers and vice versa.
8. Palm to palm with fingers interlaced.
9. Backs of fingers to opposing palms with fingers interlocked.
10. Rotational rubbing of left thumb clasped in right palm and vice versa.
11. Rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa.
12. Hand rubbing for 20-30 seconds.
13. Rinse hands with water.
14. Lower hands so that water and soap drain off.
15. Dry thoroughly with a single use towel.
16. Use towel to turn off faucet.



To watch a video demonstration of proper hand washing technique from the Centers for Disease Control and Prevention go to: <https://www.cdc.gov/cdctv/healthyliving/hygiene/fight-germs-wash-hands.html>

Able's Hall of Fame

The Islandia Branch enjoyed a luncheon in celebration of
Administrative Professionals Day



Welcome
Baby Boy
Joshua Alejandro Crespin
Born April 4, 2019

Congratulations
Adriana Cassinelli and Family



Congratulations to the following Caregivers who participated in **Able's Referral Bonus Program** and received \$150.00 for each referral:

Vrhandejah Reno - Referred Marisa Reno
Sandra Gonzalez - Referred Rubia De La O
Luronne Zamor - Referred Josette Charles

Laurente Marcellin - Referred Islande Antoine & Roberte Antoine

We invite all our Able Caregivers to take advantage of our Referral Bonus Program. Refer a friend or family member and you too may receive a \$150.00 bonus for each referral.

I know I've called you in the past to praise aides I have worked with but I'd like this letter to be a part of their employment record.

I am a field nurse for Northwell for over 13 years and have had some very hardworking and dedicated people from Able. I have the pleasure now of working with firstly Latoia Miller for the past year. Also, Allen Jackson. First and foremost they are very reliable. In addition, they are hard working and dedicated. They render quality care and for this they should be commended.

In addition to this and most importantly, their patients love them. For me it is a relief to go to a patient they are caring for because I know they are in the best hands possible and receiving quality care.

Sincerely, M.S. - RN

It is my privilege to write a reference letter for Maria Paulina Andrade. Maria cared for my father from January 28 - March 29, 2019. During this time, Maria demonstrated she is extremely compassionate, knowledgeable and able to offer her clients the very best in care. While caring for my father, Maria performed a variety of daily routine tasks and took care of the day-to-day household maintenance. My father's living space was always neat and clean. Maria spent time talking with my father and kept him mentally engaged and physically at ease.

Maria was a wonderful companion for him. She kept my father in good spirits. We all felt very safe entrusting our father to her. My father died peacefully in his sleep in his beloved home. The family will always be thankful for Maria's professional care.

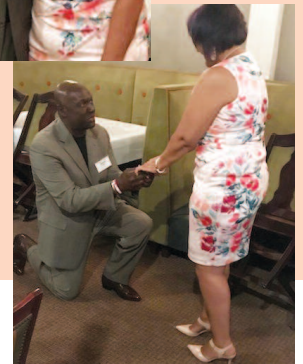
Sincerely, M.Y.

Just Engaged

Congratulations to
Harriett Salaberrios and her Fiancé
Reverend Dr. James Gibbs on their
May 1, 2019 engagement.



Wishing
them a
lifetime of
love and
happiness!



Wedding Bells Rang for
Mritra & Hardat
on March 31, 2019

Congratulations to the
Happy Couple!



Able's Hall of Fame



Employee Excellence

Felicia Mercado is an outstanding caregiver. She is attentive to the needs of her patients and goes above and beyond the call of duty to assure they are provided with quality care. Felicia has been a dedicated and loyal member of the Able Family since 2005, and is very much appreciated and loved by her patients. Congratulations on a job well done!



Montefiore Workforce Investment Organization Training Class Graduates



JOB FAIRS

Able is busy at lots of Job Fairs throughout the community looking for dedicated Caregivers who would like to join us in providing quality home care services to our clients.



How Technology is Enhancing Home Health for Our Patients

From the desk of Wayne Lasner, CIO

in the administration of Home Health Care processes. These advancements will influence the administration of patient care and help to improve the overall experience.

The "Cloud" is just a fancy term for accessing centrally stored data using the internet. Electronic Visit Verification or EVV has become routine within the Healthcare arena and recently in Home Healthcare. With a simple call in and out, attendance is updated and schedules are confirmed. The reduction in paper time sheets allows our caregivers more time for the patient and a speedier update for the payroll systems. In recent months, Able Health Care has rolled out our Mobile Visit Verification application or MVV. Our caregivers now have the option to clock in and out and securely enter important data about the visit right on their own cell phones. They no longer have to use a patient's phone to do this and the mobile application is visual, making the process easier and perhaps even fun.

The goal for both patients and providers is to allow the patient to remain in the comfort of their own home. Our aging population may find these new technologies overwhelming. Device manufacturers need to design the patient menus simple and clear. We are seeing the emergence of tele-health where a patient verbally and visually communicates with a healthcare professional such as a nurse, therapist or doctor, right from the comfort of their own home. Earlier devices required complicated setup. These days "all-in-one" devices are readily available. They are

voice controlled, or easy-to-read menu driven devices connected to the internet. Homebound patients can now have the freedom to communicate with these professionals as well as their assigned family members.

Following the "Medical Alert" wireless lanyards comes the next great innovation to hit the market - Smart Watches that can systematically record vital signs such as EKG, heart rate and blood pressure. Connected via a cellular signal much like a cell phone, they can send alerts for any programmed symptom that falls below or above the baseline set for the patient. These sporty devices can also function the same as the wearable pendants in an emergency such as a fall. With GPS enabled, the patient is covered and can be located even if they are out and about, away from their home.

I have a family member who recently experienced a fall. She needed emergency services to assist her. Fortunately, her medical alert pendant enabled her to get that assistance. That's one of the marvelous benefits of our high tech world. For those times when we cannot reach our family member, for instance, if the phone is off the hook or worst case a fall has occurred, the availability of a "Granny Cam" to take a quick peek ensures the well-being of our loved one. Peeking in does foster some controversy and is something I ponder about, myself. If you'd like to share your opinion, please comment on our Facebook page - <https://www.facebook.com/AblehealthcareNY>.

Embrace technology as it is a never-ending process bringing automation, safety, and comfort to us all. Don't blink or you may miss the next great innovation.



Please Visit Our Facebook Page

Hello Able Health Care Employees, Clients and Friends...Able Health Care is now on Facebook and we'd love for you to check out our page! You'll find interesting articles, upcoming company events, open positions and much more. You can find us at <https://www.facebook.com/AblehealthcareNY/> or just search @ablehealthcareNY on Facebook.com and click on our profile picture.



Please help us build our social media presence and make our Facebook page a huge success by Liking our page, leaving a comment or review, and by sharing any of the posted articles that you find interesting. We hope you enjoy our Facebook page and look forward to hearing from you.

By Justin Markowitz, PHR, Human Resources Coordinator

Urgent Call In Call Out Reminders

To receive your pay accurately and on time it is important to:

1. Call in and out for every case which will assure you are paid the correct amount of hours you work.
2. Make sure to use the correct phone #, this will identify your patient correctly.
3. Make sure to correctly enter your ID #, this will assure you receive credit for your visit.
4. Make sure to accurately enter the tasks you do for your patient that are prescribed on the Plan of Care.
5. Do not hang up until you hear the final prompt say Thank You and Goodbye. (this will only be heard on the call out after all tasks have been entered properly.)



Please feel free to ask for help or to come to your branch if you need more guidance or help calling in and out and entering tasks.

Para recibir su paga correctamente y en el día de pago adecuado es importante que usted haga lo siguiente:

1. Debe de llamar al empezar su turno laboral y debe de llamar al concluir su turno laboral por cada caso. Este proceso asegurará que se le pague la cantidad correcta por las horas trabajadas.
2. Asegúrese de usar el número de teléfono correcto, esto identificará a su paciente correctamente.
3. Asegúrese de ingresar correctamente su número de identificación, esto le asegurará recibir crédito por su visita.
4. Asegúrese de ingresar con precisión las tareas que usted hace para su paciente las cuales están delineadas en su Plan de Cuidado.
5. No cuelgue hasta que escuche el último mensaje decir Gracias y Adiós. (Esto solo se escuchará en la llamada después de haber entrado adecuadamente todas las tareas.)

Por favor, siéntete libre de pedir ayuda o de visitar a su sucursal si necesita más orientación o ayuda para seguir el proceso de llamar y salir y para entrar las tareas adecuadamente.

Take Advantage of the Many Benefits Offered to You Through Employment with Able Health Care

Health Insurance - Your health is important to us! We offer health insurance for you and your family with HIP. Prescription Benefits, vision and some dental coverage. HIP has an extensive network of doctors available near to your home or work. We offer four levels of coverage!

401K Retirement Plan - It's never too late to start saving for retirement. Retirement & Savings program is always an advantage. Participation is strictly voluntary. You can contribute 1% - 15% to the plan each pay period. The Able Health Care Service 401K Plan is a great way to save for your retirement.

Comprehensive Dental Care - Affordable dental coverage for you and your family. The Guardian Dental plan offers two types of coverage. Dental cleanings and other services are at a discounted rate. Depending on your selection, Orthodontics may be included. Enroll today!

Commuter Benefit - A debit card that can be used to purchase transit passes for use on the New York City subways, buses, train, ferry or UberPool.

Direct Deposit - Receive your pay directly in your checking or savings account. Don't stand on long lines or pay check cashing fees. Receive your pay automatically. It's easy to enroll and see your pay statements on your mobile phone.

Referral Bonus - Refer a friend. You and your friend can each receive a bonus of \$150 each. Call your branch for details.

Aproveche los muchos beneficios que se le ofrecen Able Health Care a través de un empleo

Seguro Medico ¡Su salud es importante para nosotros! Ofrecemos seguro de salud para usted y su familia con HIP. Beneficios de prescripción, visión y alguna cobertura dental. HIP tiene una amplia red de médicos disponibles cerca de su hogar o trabajo. ¡Ofrecemos cuatro niveles de cobertura!

401k Plan de Jubilación Nunca es tarde para comenzar a ahorrar para la jubilación. Elegible después de un año de empleo. El programa de jubilación y ahorro es siempre una ventaja. Participación es voluntaria. Puede aportar del 1% al 15% al plan en cada período de pago. El 401k plan de Able Health Care es una excelente manera de ahorrar para su jubilación.

Plan Dental Integral Cobertura dental asequible para usted y su familia. El plan de Guardian Dental ofrece dos tipos de cobertura. Las limpiezas dentales y otros servicios tienen una tarifa con descuento. Dependiendo de su selección, la ortodoncia puede ser incluida. ¡Inscríbete hoy!

Beneficios de Viaje Una tarjeta de débito que se puede usar para comprar pases de tránsito para el uso en los trenes, autobuses, trenes, ferry o UberPool de la Ciudad de Nueva York.

Deposito Directo Reciba su pago directamente en su cuenta corriente o de ahorro. No se pare en colas ni pague tarifas de cambio de cheques. Reciba su pago automáticamente. Es fácil inscribirse y ver sus estados de pago en su teléfono móvil. ¡Inscríbete hoy!

Programa de bonificación por medio de referencia Recomiende a un amigo o amiga para trabajar en Able Health Services. Usted y su amigo o amiga pueden cada uno recibir un bono de \$150. Para más información llame a su Sucursal de Able Health Care.

Prepare for Hurricane Season

10 Hurricane preparedness suggestions from the Red Cross

1. Determine your risk. Hurricanes cause problems in coastal areas but can also cause damage hundreds of miles inland.
2. Talk with household members and create an evacuation plan.
3. Build an emergency kit with a gallon of water per person, per day, non-perishable food, a flashlight, battery-powered radio, first aid kit, medications, supplies for an infant if applicable, a multi-purpose tool, personal hygiene items, copies of important papers, cell phone chargers, extra cash, blankets, maps of the area and emergency contact information.
4. If someone already has a disaster kit, now is the time to make sure the food and water is still okay to consume and that copies of important documents are up to date. If they already have an emergency plan for their household, they should talk about it again with family members so everyone knows what to do if an emergency occurs.
5. Be informed. Learn about the community's hurricane response plan. Plan routes to local shelters, register family members with special medical needs as required and make plans for pets.
6. Download the free Red Cross Emergency App to select up to 35 different severe weather and emergency alerts on their mobile device. The content includes expert guidance on what to do before, during and after different emergencies or disasters from home fires to hurricanes. All Red Cross apps can be found in smartphone app stores by searching for American Red Cross or by going to redcross.org/apps.
7. Keep insurance policies, documents, and other valuables in a safe-deposit box. You may need quick, easy access to these documents. Keep them in a safe place less likely to be damaged if a hurricane causes flooding. Take pictures on a phone and keep copies of important documents and files on a flash drive that you can carry with you on your house or car keys.
8. Protect windows with permanent storm shutters or invest in one-half inch marine plywood that is pre-cut to fit your doors and windows.
9. Identify a place to store lawn furniture, toys, gardening tools and trash cans (away from stairs and exits) to prevent them from being moved by high winds and possibly hurting someone.
10. Clear loose and clogged rain gutters and downspouts to prevent flooding and unnecessary pressure on the awnings.



For more information go to <https://www.redcross.org/get-help.html>

ABLE'S 401(k) Program

We encourage our employees to participate in Able's 401K plan, administered through Empower Retirement. You must complete 1 year of service to enroll. The plan offers multiple investment options, loan provisions and much more.

To help promote financial wellness in the workplace, we have financial advisers available through Merrill Lynch. They are committed to helping our employees with objective, personalized advice and guidance with your 401K accounts and overall financial plan. Please reach out to them for any questions or concerns - they are here to help:

Brett Berkman – (203) 3863-7641

Joseph Ilg – (631) 351-5129

Please remember, Able has consistently provided a discretionary contribution to those that choose to participate. While this discretionary contribution is based on company profit and is not guaranteed, we will continue to provide every available benefit and resource to our personnel. We urge you all to take advantage of this benefit and reach out to our contacts at Merrill Lynch for assistance.



Time and Attendance, Call In and Out

Each case is assigned a specific schedule. You are only permitted to work the hours you are scheduled to work – these are the hours that the patient has been approved to receive care. When your work or shift at a patient's home is finished, you are required to leave the patient's premises immediately. Your shift ends when you finish working, and it begins when you begin working. Typically, the scheduled shift hours correlate to the work hours. But if you perform any work that is beyond your scheduled shift (i.e. you arrive late to the shift or you leave late), you must identify the actual time you started and ended

working. All caregivers must record their actual hours/visits worked through the use of a timesheet and/or telephony. Federal and State laws require accurate records be kept for all hours worked each workday/workweek. Caregivers will be paid for all hours worked.

You cannot extend or shorten your shift without prior Company approval. If, for any reason, you must work hours that are longer or shorter than your scheduled hours, or you are unable to report to work, you must notify your branch immediately and sufficiently in advance. You must explain the reason for the change in your work schedule. If you do not call the office and obtain permission before working more on a particular shift than you were scheduled to work and, as a result, your hours exceed the hours that you were scheduled to work, we reserve the right to not pay you for that time. Exceptions to this rule will be made on a case-by-case basis, to ensure employees are paid for all hours of work. But caregivers who do not call the branch or do not otherwise obtain approval before extending their shift will be required to explain the circumstances for not obtaining approval and the circumstances that necessitated the extension of the scheduled work hours.

Examples	
<ul style="list-style-type: none"> • Replacement arrives late • Must stay with patient for any reason 	Call the Branch immediately or as soon as reasonably possible. You will be paid for the time spent waiting for your replacement or staying with the patient.
Serious Violations	Consequence
<ul style="list-style-type: none"> • Working unauthorized days or additional time • Falsifying time sheet • Allowing someone else to call in or out for you • No Call/No Show 	Disciplinary action up to and including termination.
<ul style="list-style-type: none"> • Patient asks you to extend scheduled work hours 	Call the Branch immediately or as soon as reasonably possible. You may not agree to the patient's request without first speaking to the branch. If you cannot reach someone at the branch, wait until you hear back. You will be paid for the waiting time. If you violate this directive, disciplinary action up to and including termination may be imposed.
<ul style="list-style-type: none"> • Patient asks you to change your workdays 	Call the Branch immediately or as soon as reasonably possible. You are not authorized to agree to the patient's request without first speaking to the branch. If you violate this directive, disciplinary action up to and including termination may be imposed.



National Immunization Awareness Month (NIAM) is an annual observance held in August to highlight the importance of vaccination for people of all ages. Everyone is encouraged to make sure they are current on the necessary vaccinations for potentially harmful diseases. Many diseases can be easily prevented by administering vaccines, and thus, protecting you from unseen viruses. Take the necessary precautions with a simple call to your doctor, and avoid potential harm while leading a healthy, happy life.

Why National Immunization Awareness Month is Important

1. Immunization protects our children - Vaccination protects children from serious illness and complications of many diseases.
2. Immunization is safe - Vaccination is safe and effective. All vaccines undergo long and careful review by scientists, doctors, and the federal government to make sure they are safe.
3. We owe it to everyone - We all have a public health obligation to our communities to protect ourselves as well as others from potential health risks. By getting vaccinated, we eliminate diseases before they have a chance to spread.

INSERVICE SCHEDULE 3RD QUARTER 2019

LOCATION: BROOKLYN

INSERVICE SCHEDULE TO BE DETERMINED

LOCATION: WHITE PLAINS

Date	Time	Subject	Time	Subject
Tuesday, 7/2	9:00 - 12:00	LGBT Client	1:00 - 4:00	Professionalism and Accountability
Tuesday, 7/9	9:00 - 12:00	Communication	1:00 - 5:00	OSHA/Skills
Tuesday, 7/16	9:00 - 1:00	Caring for the Cardiac Patient	1:00 - 4:00	Body Mechanics
Friday, 7/30	9:00 - 12:00	HIV/AIDS	1:00 - 5:00	OSHA/Skills
Tuesday, 8/6	9:00 - 1:00	Caring for the Cardiac Patient	1:00 - 4:00	Preventing Hospital Readmissions
Tuesday, 8/13	9:00 - 12:00	Aging and Dementia	1:00 - 5:00	OSHA/Skills
Tuesday, 8/20	9:00 - 12:00	LGBT Client	1:00 - 4:00	Dealing with Difficult People
Tuesday, 9/3	9:00 - 12:00	VBP - CHF, Respiratory Infection, Anemia	1:00 - 4:00	N/A
Tuesday, 9/10	9:00 - 1:00	OSHA/Skills	1:00 - 5:00	OSHA/Skills
Tuesday, 9/17	9:00 - 12:00	HIV/AIDS	1:00 - 4:00	Diabetes and the Diabetic Diet

LOCATION: HEMPSTEAD

Date	Time	Subject	Time	Subject
Monday, 7/1	9:00 - 12:00	Lifting and Transfers	1:00 - 4:00	Dealing with Difficult Behaviors
Tuesday, 7/2	10:00 - 2:00	OSHA/Skills	1:00 - 4:00	N/A
Wednesday, 7/3	10:00 - 1:00	Vision Health	1:00 - 4:00	N/A
Monday, 7/8	9:00 - 12:00	Vital Signs	1:00 - 4:00	Alzheimer's Disease
Tuesday, 7/9	10:00 - 2:00	OSHA/Skills	1:00 - 4:00	N/A
Wednesday, 7/10	9:00 - 12:00	Cultural Competency	1:00 - 4:00	Alzheimer's Disease
Thursday, 7/11	9:00 - 12:00	Vital Signs	1:00 - 4:00	N/A
Monday, 8/5	10:00 - 1:00	Care of the Cancer Patient	1:00 - 4:00	N/A
Tuesday, 8/6	9:00 - 1:00	OSHA/Skills	1:00 - 4:00	N/A
Monday, 8/12	9:00 - 12:00	Activities of Daily Living	1:00 - 4:00	Vision Health
Tuesday, 8/13	10:00 - 2:00	OSHA/Skills	1:00 - 4:00	N/A
Wednesday, 8/14	9:00 - 12:00	Activities on Daily Living	1:00 - 4:00	Vision Health
Thursday, 8/15	9:00 - 12:00	Lifting and Transfers	1:00 - 4:00	Body Mechanics
Monday, 8/19	9:00 - 12:00	Diabetes and Diabetic Diet	1:00 - 4:00	Diabetes and Diabetic Diet
Tuesday, 8/20	10:00 - 1:00	Vital Signs	1:00 - 4:00	N/A
Monday, 8/26	9:00 - 12:00	Colostomy and Tracheostomy Care	1:00 - 4:00	N/A
Tuesday, 8/27	10:00 - 2:00	OSHA/Skills	1:00 - 4:00	N/A
Wednesday, 8/28	9:00 - 12:00	Mental Illness	1:00 - 4:00	Mental Illness
Thursday, 8/29	10:00 - 2:00	OSHA/Skills	1:00 - 4:00	N/A
Tuesday, 9/3	9:00 - 12:00	Vital Signs	1:00 - 4:00	Neglect and Abuse
Monday, 9/9	10:00 - 2:00	Fall Prevention	1:00 - 4:00	N/A
Tuesday, 9/10	9:00 - 12:00	Care of the Cardiac Patient	1:00 - 4:00	Care of the Cardiac Patient
Wednesday, 9/11	10:00 - 2:00	OSHA/Skills	1:00 - 4:00	N/A
Thursday, 9/12	9:00 - 12:00	Cultural Diversity in Healthcare	1:00 - 4:00	Body Mechanics
Wednesday, 9/18	9:00 - 12:00	VBP-CHF, Respiratory Infections, Anemia	1:00 - 4:00	Care of the Skin
Friday, 9/19	10:00 - 2:00	OSHA/Skills	1:00 - 4:00	N/A
Monday, 9/23	9:00 - 12:00	N/A	5:00 - 8:00	Vision Health
Tuesday, 9/24	10:00 - 1:00	Alzheimer's Disease	1:00 - 4:00	N/A
Wednesday, 9/25	9:00 - 12:00	VBP-UTI, Elect. Imbalance, Sepsis	1:00 - 4:00	Lifting and Transfers
Thursday, 9/26	10:00 - 2:00	OSHA/Skills	1:00 - 4:00	N/A

INSERVICE SCHEDULE 3rd QUARTER 2019 (Continued)

LOCATION: ISLANDIA

Monday, 8/12	2:00 - 5:00	Nutrition	6:00 - 9:00	Nutrition
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LOCATION: QUEENS

<i>Date</i>	<i>Time</i>	<i>Subject</i>	<i>Time</i>	<i>Subject</i>
Monday, 7/1	9:00 - 12:00	Special Needs	1:00 - 4:00	Hospice
Tuesday, 7/2	9:00 - 1:00	OSHA/Skills	1:00 - 4:00	N/A
Wednesday, 7/3	9:00 - 12:00	Nutrition	1:00 - 5:00	OSHA/Skills
Monday, 7/8	9:00 - 12:00	LGBT Client	1:00 - 4:00	Elder Abuse
Wednesday, 7/10	9:00 - 12:00	Lifting & Transferring Patients	1:00 - 5:00	OSHA/Skills
Friday, 7/12	9:00 - 1:00	OSHA/Skills	1:00 - 4:00	N/A
Monday, 7/15	9:00 - 12:00	Special Needs	1:00 - 4:00	Hospice
Tuesday, 7/16	9:00 - 1:00	OSHA/Skills	1:00 - 4:00	N/A
Wednesday, 7/17	9:00 - 12:00	Cardiac Patient	1:00 - 5:00	OSHA/Skills
Monday, 7/22	9:00 - 12:00	VBP-CHF, Respiratory Infections, anemia	1:00 - 4:00	VBP-UTI, Elect. Imbalance, Sepsis
Tuesday, 7/23	9:00 - 1:00	OSHA/Skills	1:00 - 4:00	N/A
Tuesday, 7/30	9:00 - 1:00	OSHA/Skills	1:00 - 4:00	N/A
Wednesday, 7/31	9:00 - 12:00	Diabetic Patient	1:00 - 5:00	OSHA/Skills
Monday, 8/5	9:00 - 12:00	Special Needs	1:00 - 4:00	Hospice
Wednesday, 8/7	9:00 - 12:00	Safety in the Home	1:00 - 5:00	OSHA/Skills
Friday, 8/9	9:00 - 1:00	OSHA/Skills	1:00 - 4:00	N/A
Monday, 8/12	9:00 - 12:00	Infection Control	1:00 - 4:00	Anemia
Tuesday, 8/13	9:00 - 1:00	OSHA/Skills	1:00 - 4:00	N/A
Wednesday, 8/14	9:00 - 12:00	Dealing with Difficult People	1:00 - 5:00	OSHA/Skills
Thursday, 8/15	9:00 - 12:00	Malnutrition and Dehydration	1:00 - 4:00	LGBT Client
Friday, 8/16	9:00 - 1:00	OSHA/Skills	1:00 - 4:00	N/A
Monday, 8/19	9:00 - 12:00	Cultural Diversity	1:00 - 4:00	Respiratory Disorders
Tuesday, 8/20	9:00 - 1:00	OSHA/Skills	1:00 - 4:00	N/A
Friday, 8/23	9:00 - 1:00	OSHA/Skills	1:00 - 4:00	N/A
Monday, 8/26	9:00 - 12:00	Special Needs	1:00 - 4:00	Hospice
Tuesday, 8/27	9:00 - 1:00	OSHA/Skills	1:00 - 4:00	N/A
Wednesday, 8/28	9:00 - 12:00	Professionalism & Accountability	1:00 - 5:00	OSHA/Skills
Thursday, 8/29	9:00 - 12:00	Elder Abuse	1:00 - 4:00	Incontinence & Constipation
Friday, 8/30	9:00 - 1:00	OSHA/Skills	1:00 - 4:00	N/A
Tuesday, 9/3	9:00 - 1:00	OSHA/Skills	1:00 - 4:00	N/A
Wednesday, 9/4	9:00 - 12:00	Lifting & Transferring Patients	1:00 - 5:00	OSHA/Skills
Thursday, 9/5	9:00 - 12:00	Caring for Yourself	1:00 - 4:00	Keeping Patients Healthy
Friday, 9/6	9:00 - 1:00	OSHA/Skills	1:00 - 4:00	N/A
Monday, 9/9	9:00 - 12:00	Special Needs	1:00 - 4:00	Hospice
Tuesday, 9/10	9:00 - 1:00	OSHA/Skills	1:00 - 4:00	N/A
Friday, 9/13	9:00 - 1:00	OSHA/Skills	1:00 - 4:00	N/A
Monday, 9/16	9:00 - 12:00	Professionalism & Accountability	1:00 - 4:00	Nutrition
Tuesday, 9/17	9:00 - 1:00	OSHA/Skills	1:00 - 4:00	N/A
Wednesday, 9/18	9:00 - 12:00	Respiratory Disorders	1:00 - 5:00	OSHA/Skills
Thursday, 9/19	9:00 - 12:00	VBP-UTI, Elect. Imbalance, Sepsis	1:00 - 4:00	VBP-CHF, Respiratory Infections, anemia
Friday, 9/20	9:00 - 1:00	OSHA/Skills	1:00 - 4:00	N/A
Monday, 9/23	9:00 - 12:00	Special Needs	1:00 - 4:00	Hospice
Tuesday, 9/24	9:00 - 1:00	OSHA/Skills	1:00 - 4:00	N/A
Wednesday, 9/25	9:00 - 12:00	Behavioral Health	1:00 - 5:00	OSHA/Skills
Thursday, 9/26	9:00 - 12:00	LGBT Client	1:00 - 4:00	Communication
Friday, 9/27	9:00 - 1:00	OSHA/Skills	1:00 - 4:00	N/A
Monday, 9/30	9:00 - 12:00	Disaster and Stress	1:00 - 4:00	Kidney Disease

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The Able Times is a publication of Able Health Care Service, Inc. It is produced for its employees, patients, families, and referral sources.

Able has provided Home Health Care since 1976. Able has offices at the following sites:

**Able Health Care Special Needs
OPWDD Certified Division:**

Queens 718-779-7000

Brooklyn..... 718-222-1200

Nassau 516-933-7000

Suffolk 631-952-0500

**Able Health Care
Licensed Home Care Agency:**

Queens 718-458-0800

Nassau 516-933-7000
516-292-0100

Suffolk 631-952-0500

White Plains 914-683-9400

Recruitment Offices:

Hempstead..... 516-292-0100

Brooklyn..... 718-222-1200



In-service Schedule on pages 6 and 7 for July August and September 2019

To remain in compliance as an HHA you are required to attend 12 hours or 4 in-services each year. The informative and educational in-services listed on the previous pages will be presented at your local branch office. Call to make a reservation; dates may change. OSHA in-service is required once a year.

Editorial Policy

The Able Times is a publication of Able Health Care Service, Inc. The Editor invites contributions of articles, special reports, statistics, news items, short personal experiences, poetry, etc. We reserve the right to refuse and/or edit all submissions for publication. Please send articles to The Editor at 1240 Broadcast Plaza, Merrick, NY, 11566.

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